



30 DAYS of ECO-FRIENDLY TIPS

REFUSE

1. Bring a reusable mug to the coffee shop.
2. Keep reusable bags in your car so you don't forget to bring them to the store.
3. Buy items you use frequently in bulk.

REDUCE

4. Use a power strip to turn off big electronics.
5. Unplug your phone at 100%! [Find out why online!](#)
6. Turn the lights off when you are last to leave.
7. Reduce the water you use when washing dishes by soaking, swirling, and spraying.
8. Shower efficiently and quickly to save water.
9. Start a carpool group with friends.
10. Bike, walk, or ride the bus.

REUSE

11. Bring your lunch to work or school in a reusable bag or box.
12. Shop at the thrift store.
13. Refill a spray bottle with homemade cleaner. [Recipe online!](#)
14. Reuse glass pasta sauce jars as food containers or to store homemade sauces.
15. Look for a reusable razor or one that can be recycled.
16. Reuse paper that is only printed on one side

17. Use cloth napkins and towels instead of paper.

REPURPOSE

18. Use newspaper to make pots to start seedlings.
19. Use a squeezable ketchup bottle to make pancakes.
20. Use an egg carton as a paint palette.
21. Cover old cardboard boxes in scrap fabric or paper to make gift boxes or for organizing around your house.
22. Old toothbrushes make great cleaning tools.
23. Empty wine bottles can make chic home decor.
24. Put lint from the dryer in a toilet paper roll to make a fire starter for camping or your fireplace.

RECYCLE

25. Check with your local Department of Public Works to determine what's recyclable in your area. [Link online!](#)
26. Hang a reminder to recycle in your kitchen.
27. Keep a recycling bin in your bathrooms so you remember to sort things like toilet paper rolls and bottles.
28. Rinse out plastics and glass before recycling!
29. Many grocery stores have receptacles to recycle plastic bags. Look for them on your next trip!
30. Don't forget to recycle electronics like phones and batteries. Look for bins at electronic stores and office supply stores.

Find all of these tips online at urbanecologycenter.org/MilwaukeeEarthMonth

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