
ECO-TRAVEL TO COSTA RICA

August 1-12, 2019

Sample Itinerary

Day 1.

Transfer to Bougainvillea Hotel. Shuttle included.
Dinner (not included)
Overnight at Bougainvillea Hotel.

Day 2.

5:30 am. Early pick up and travel to Guápiles, on the Caribbean region. Lunch at Guápiles, and continue to La Pavona.
Boat trip to Tortuguero. Check in at Jungle Lodge. Late Lunch.
Free afternoon to explore the gardens and Tortuguero town.
Dinner at Laguna Lodge
Overnight at Laguna Lodge

Day 3.

6:30 am. Early birding on grounds.
Breakfast
8:00 am. Visit Tortuguero National Park. Trip on the canals.
Lunch at Jungle Lodge
2:00 pm. Visit the Turtle Conservation Museum.
6:30 pm. Dinner
Night tour at the beach. Turtle nesting.
Overnight at Laguna Lodge

Day 4.

7:00 am. Breakfast
Travel by boat to La Pavona.
12:30 pm. Lunch in Guápiles.
1:30 pm. Transfer to Sarapiquí. Check in at La Quinta de Sarapiquí.
3:00 pm. Visit Tirimbina Rainforest Center
6:30 pm. Dinner at La Quinta
Overnight at La Quinta de Sarapiquí.

Day 5.

7:00 am. Breakfast
Depart to La Fortuna area. Visit Arenal Volcano National Park at Observatory Point. Lunch at Observatory.
2:00 pm. Check in at Kokoro Lodge.
4:00 pm. Visit the Hot Springs, time to relax and enjoy.
7:00 pm. Dinner at La Fortuna, time to explore and shopping.
Overnight at Kokoro Lodge

Day 6.

7:00 am. Breakfast

Visit Caño Negro Wildlife Refuge, a place full of wildlife.

Lunch at Caño Negro.

3:00 pm. Rainforest Chocolate Tour. A great experience about sustainability and the pleasure to enjoy chocolate.

Return to Hotel.

5:30 pm. Visit the Hot Springs, time to relax and enjoy. Dinner at Paradise Hotsprings.

Overnight at Kokoro Lodge

Day 7.

6:00 am. Birding on grounds

7:00 am Breakfast

8:00 am. Depart to Central Pacific. Boat trip at Tárcoles river.

12:30 pm. Lunch at Tárcoles area.

4:00 pm. Check in at Cristal Ballena at Uvita area.

6:00 pm. Dinner at Cristal Ballena

Overnight at Cristal Ballena

Day 8.

6:00 am. Birding on grounds

7:00 am. Breakfast

8:00 am. Whale watching tour at Marino Ballena National Park,

1:30 pm. Late lunch at Uvita

Back to hotel, and free afternoon at the beach.

7:30 pm. Dinner at Uvita

Overnight at Cristal Ballena

Day 9.

7:00 am. Breakfast

8:00 am. Depart to San Vito. Lunch at Wilson Botanical Garden.

1:00 pm. Check in at Las Cruces Field Station.

3:00 pm. Tour at Wilson Botanical Garden. Optional Birding at San Vito Wetland.

Dinner and Overnight at Las Cruces.

Day 10.

7:00 am Breakfast

Depart to San Gerardo de Dota. Lunch on the way. Visit Los Quetzales National Park.

Check in at Savegre Hotel in San Gerardo de Dota

Afternoon walk to the waterfall.

7:00 pm. Dinner and overnight at Savegre

Day 11.

Early birding looking for the great Quetzal.

8:00 am Breakfast.

Walk to the majestic Oak Forest.

1:00 pm. Lunch

Pm. Optional Canopy or Horse back riding.

7:00 pm. Farewell Dinner

Overnight at Hotel Savegre.

Day 12.

7:30 am Breakfast

9:00 am. Back to Airport at ¿?

Depart to USA. Flight time?