



2019 GUIDE TO

LOCAL FARMS & COMMUNITY SUPPORTED AGRICULTURE (CSAs)

WHAT IS A CSA?

You become a Community Supported Agriculture (CSA) member by purchasing a subscription for a share of the harvest from a local farm. In return, you'll receive just-picked produce and more throughout the growing season directly from your farmer.

Your share is conveniently delivered to a pick-up site near you. Each share contains fresh seasonal produce (and perhaps meat, eggs, honey or other extras) along with a farm newsletter and recipes.

You'll have the satisfaction of connecting to the farmers, knowing where your food comes from and supporting a local family farm.

WHY BUY DIRECTLY FROM THESE LOCAL FARMERS?

- » Enjoy fresh, tasty and healthy food throughout the growing season.
- » Connect with your food and the people who grow it.
- » Support the local economy and ensure fair compensation for small family farmers.
- » Encourage sustainable growing practices that protect our soils, water and health.

SOME QUESTIONS TO ASK THE FARMERS:

- » Locations, days and times of your pick-up sites?
- » What is the length of your season / number of deliveries?
- » Describe the sizes, contents and costs of your shares. How many people would each feed? Do you have a policy for holding or skipping shares when I'm on vacation? Any choices about what's in the box?
- » Options & extras. What's offered besides produce? Do you have an online or farm store? Do you offer Market Shares to be used at a farmers market?
- » Payment. Do you offer worker shares (the option to work in exchange for my CSA box)? Payment (installment) plans? Have an Assistance Fund? Take the Quest card? Credit cards or electronic / online payment?
- » What are your growing and production practices? For example, certified organic? Sustainably grown?
- » Can I visit your farm? Do you have open houses? U-pick days?

KNOW YOUR FARMER • KNOW YOUR FOOD



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urbanecologycenter.org/csa

We CONNECT
PEOPLE ⁱⁿ CITIES
TO NATURE
& EACH OTHER

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PAYMENT				
besides cash & check				
Payment plan	Worker Share	Quest / SNAP	Credit Card/Online	Assistance Fund
			X	
X	X		X	
X	X			
X	X		X	
X	X		X	X
X	X		X	X

FARM	FARM DESCRIPTIONS (See back page for Pick-Up Locations)	TYPES OF SHARES	EXTRAS
Blue Heron Community Farm, LLC Alex Young & Lindsey Stoner Reedsville — 414-530-9081 blueheroncommunityfarm@gmail.com blueheroncommunityfarm.com	Blue Heron Community Farm is a family-owned vegetable farm committed to growing an abundant variety of the highest quality vegetables, fruit, and herbs for our customers. Our 18-week CSA provides a box of 8-12 seasonal vegetables, fruit, and herbs with weekly newsletters including recipes, storage tips, and farm news.	Full Share every week	E-mail list for bulk sales for canning and home preserving
Cream City Farms David Johnson Milwaukee, WI — 414-828-9625 david@creamcityfarms.com creamcityfarms.com	We are based in Milwaukee, WI, with multiple sites throughout Milwaukee County and we are dedicated to growing great produce for our local community.	Medium Share every other week	
Full Harvest Farm, LLC Terry Vlossak & Chuck Frase Hartford, WI — 262-673-6760 fullharvestfarm@gmail.com fullharvestfarm.com	Full Harvest Farm is USDA, certified organic. All the produce in our CSA boxes comes from our farm. We offer weekly Couple, Family and Worker Shares as well as Every-Other-Week Couple Shares. Pickup Sites are: Brookfield, Menomonee Falls, Wauwatosa, Waukesha, Delafield and our Farm. Join us for our 18th season!	Weekly Family Share, Weekly Couple Share and Every-Other-Week Couple Share	CSA members can purchase extra produce using the farm's CSA software
LotFotL Community Farm Tim Huth & April Yuds Elkhorn, WI — 262-951-0794 april@lotfotl.com lotfotl.com	LotFotL's CHOICE CSA, the first of its kind in the Upper Midwest, is a real difference-maker. As a free choice CSA program, you decide what items to take. Choose from veggies, fruits, meats, eggs, bread, etc. Three levels of participation; full spectrum, meatless, and produce only. Keep growing with us!	Market CHOICE, Biweekly pre-packed box, Monthly meat delivery	Eggs, bread, meat, cheese, honey, grains, fruit, tortillas, maple syrup, frozen veggies & fruit and more
Pinehold Gardens David Kozlowski & Sandra Raduenz Oak Creek, WI — 414-762-1301 info@pineholdgardens.com pineholdgardens.com	Pinehold Gardens provides high quality vegetables for an 18-week season, including two deliveries in November at no extra charge. Medium size weekly or every other week share. Farm pick up is anytime Wednesday afternoon to Saturday evening. We have u-picks and farm events. Close proximity allows an easy trip to Pinehold.	Medium Share every week or every other week, Market Share	Monthly Share of fresh, local organic wheat flour, Meat Share
Springdale Farm Peter & Bernadette Seely Plymouth, WI — 920-892-4856 peter@springdalefarm.com springdalefarm.com	Springdale Farm has offered organic vegetables and CSA shares since 1988. The farm includes 35 acres of crop land, as well as an acre's worth of greenhouses to extend Wisconsin's short growing season. The farm also supplies area restaurants, co-ops, and winter farmers markets with its certified organic produce.	Full, Medium or Single Share every week or every other week, Skipper Share, Greens Share, Fall/winter Storage Share	Eggs, meat, flowers, fruit in season

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PAYMENT				
besides cash & check				
Payment plan	Worker Share	Quest / SNAP	Credit Card/Online	Assistance Fund
X	X		X	X
X		X	X	X
X	X		X	
X	X	X	X	X
			X	

FARM	FARM DESCRIPTIONS (See back page for Pick-Up Locations)	TYPES OF SHARES	EXTRAS
Three Sisters Community Farm Kelly Kiefer & Jeff Schreiber Campbellsport, WI – 920-533-3042 threesisterscsa@gmail.com threesisterscommunityfarm.com	Three Sisters Farm delivers customized CSA boxes packed with picked-to-order garden quality vegetables grown using organic methods to homes and businesses in the Milwaukee area. Our members eat more fresh organic veggies, make healthy meals, try new recipes, feel better, eat with the seasons, know their farmer and LOVE CSA.	Customized Full Share every week or every other week, Fall/winter Storage Share	Eggs
Tipi Produce Beth Kazmar & Steve Pincus Evansville, WI — 608-882- 6196 csa@tipiproduce.com tipiproduce.com/csa	Honored as the 2016 MOSES Organic Farmers of the Year. We focus on growing the most flavorful, high-quality vegetables, berries and melons. Let us make CSA simple with vacation rescheduling, abundant recipes & boxes filled with your favorite staple vegetables. Visit for member u-picks & our popular gleaning party.	Full Share weekly or every other week, Sampler share (monthly - 6 deliveries), Fall/winter Storage Share	Farm sells extra produce to members
Turtle Creek Gardens LLC Janet Gamble Delevan, WI — 262-441-0520 farmmanager@turtlecreekgardenscsa.com turtlecreekgardenscsa.com	Turtle Creek Gardens is a certified organic vegetable, hemp, livestock farm. We are regenerative in our approach to our farming methods incorporating pasture based cattle and hogs and biodiversity through naturalized areas on the farm that capture water run off, beneficial insect habitats and rotations to ensure the health and well being of our farm.	Full Share every week or every other week	Eggs, meat, honey, cheese, maple syrup, sunflower oil, hemp products sold through online store with delivery to CSA sites
Wellspring Caleb Trainor West Bend, WI — 262-675-6755 caleb@wellspringinc.org wellspringinc.org	Wellspring is a nonprofit education and organic farm. For over 30 years, we have served SE Wisconsin. We are proud to train seasonal interns in organic farming and engage youth with field trips, family-oriented events, and teen internships.	Full Share every week or every other week, Medium Share every week, Market Share, Fall/winter Storage Share	Eggs, Mushrooms
Willoway Farm Daniel Bertram & Jacqueline Fulcomer Fredonia, WI — 262-692-9691 willowayfarm1@gmail.com willowayfarm.com	We are Willoway Farm - Jacqui & Dan - Summer & Sam. We are a small scale CSA living a dream. This year we are only hosting a Flower Bouquet CSA and à la carte vegetables available weekly and posted in our Farm App.	Flower Share: Full Share every week or every other week	À la carte veggies, herbs and plants sold with the farm's iPhone App
Yang Family Farm Chue Ge Yang & Youa Yang Hartford — 414-588-2522 info@yangfamilyfarm.com yangfamilyfarm.com	Yang Family Farm is a 40-acre vegetable farm with a small orchard. Chue Ge & Youa Yang are Hmong immigrants from Laos and came to the U.S. in the mid 1970's. Their family has been farming in the U.S. for over 30 years, growing quality vegetables for their family and customers.	Full Share every week or every other week	

CSA PICK-UP SITE LOCATIONS

FARM	GREATER MILWAUKEE AREA																					OUTSIDE MKE AREA						
	Milwaukee					South & Southwest					North & Northwest					West						South / Southwest	North / Northwest	West				
	Bay View / So. Shore	Downtown / 3rd Ward / Walkers Pt.	East side	Riverwest / Capitol Dr.	West side	Cudahy	Franklin	Greendale	Oak Creek	South Milwaukee	Fox Point / Bayside	Hartford	Menomonee Falls	Mequon / Thiensville	Shorewood	Whitefish Bay	Brookfield	Delafeld	New Berlin	Oconomowoc	Pewaukee				Waukesha	Wauwatosa	West Allis	
Blue Heron			X											X												X		
Cream City Farms *					X																							
Full Harvest Farm					X						X	X				X	X				X	X				X	X	
LotFotL Community Farm *	X	X	X	X	X	X	X			X				X	X	X		X		X	X	X	X	X	X	X		X
Pinehold Gardens	X	X	X		X	X	X	X						X										X	X			
Springdale Farm		X		X						X		X	X	X	X									X			X	
Three Sisters Community Farm*	X	X	X	X	X									X	X	X								X			X	
Tipi Produce	X			X	X								X			X						X	X				X	X
Turtle Creek Gardens		X												X					X	X								
Wellspring	X	X		X								X	X		X									X			X	
Willoway Farm *		X	X	X						X			X	X	X												X	
Yang Family Farm		X					X				X											X	X					

* Ask about Home Delivery