

# CSA FARMS

## AT THE 2014 LOCAL FARMER OPEN HOUSE



FARM	FARM DESCRIPTIONS AND PICK UP SITES	PAYMENT *					TYPES OF SHARES				
		*Besides cash & check					AND EXTRAS				
		Payment plan	Worker Share	Quest Card / SNAP	Credit Card/Online	Assistance Fund	Full	Half	Every other week	Fall/Winter Storage	Other Types / Extras
<b>Backyard Bounty</b> Laura Comerford 920-892-4319 ljcomerford@hotmail.com ljcomerford.wordpress.com	Vegetables, herbs, and strawberries grown in a sustainable way. Season is 20 weeks from mid-June through October. Regular share feeds 1-2 adults. Vegetarian (large) share feeds a family of 4 or 5. Apples, peaches and some vegetables are purchased from other local farms—and may not be organic. <i>Grafton, Manitowoc, Milwaukee west side, Sheboygan, Shorewood, South Milwaukee and the farm in Plymouth</i>	•	•		•	•	X	X		X	Spring green shares Eggs, chicken
<b>Full Harvest Farm</b> Chuck Frase & Terry Vlossak 262-673-6760 fullharvestfarm@yahoo.com fullharvestfarm.com	Full Harvest Farm, LLC is a USDA certified organic, mixed vegetable farm located in Washington County on 40 acres. We sell our produce via our CSA program, the West Bend Farmers Market and many wholesale customers, including Outpost Natural Foods. Please join us for a season of delicious, organic vegetables! <i>At the farm in Hartford, Brookfield (North &amp; South), Wauwatosa, Sussex, New Berlin, Waukesha, Hartland, Oconomowoc, Delafield, Racine and Kenosha/Somers</i>	•	•			•	X	X	X		Thanksgiving Box Extra produce is available on request during the season.
<b>HighCross Farm</b> Steve & Kath Vogelmann 920-533-3276 highcrossfarm@kmoraine.com highcrossfarm.com	Premium quality naturally grown produce, including delicious heirlooms and fresh herbs. Small and large CSA shares. Very clean, carefully packed. Over 20 convenient pick-up sites. Colorful weekly newsletter. Farm tours, potlucks, and workshops. Spring, Summer, and Fall Shares. Satisfaction guaranteed. <i>Bay View, Brookfield, Campbellsport, Colgate, Fond du Lac, Franklin, Grafton, Kewaskum, Menomonee Falls No. &amp; So., Mequon, Milwaukee east side, New Berlin, Plymouth, Sheboygan, Shorewood, Waukesha/Delafield, Wauwatosa, West Bend, Whitefish Bay</i>	•	•			•	•	X	X		Spring greens share Eggs, poultry, honey, cheese, herbal teas, jams in online store.
<b>JenEhr Family Farm</b> Kay Jensen & Paul Ehrhardt 608-825-9531 jenehr@aol.com wisconsinorganic.com	JenEhr Family Farm, located in Sun Prairie, offers a 22-week season, early produce and a fall share for your holiday feasting. Pastured chickens complement the organic production system. Staffed pick up locations in Madison, Sun Prairie, Lake Mills and the Milwaukee area. Certified organic. We grow everything in your share! <i>Pewaukee, Lake Mills, Wauwatosa, West Allis Farmers Market</i>	•				•	•	X		X	Greens, Market and chicken shares, U-pick strawberries, tomatoes for canning
<b>LotFotL Community Farm</b> Tim Huth 920-318-3800 april@lotfotl.com lotfotl.com	LotFotL grows 70+ different vegetables for our CSA and online farm store. We source fruit, grass-fed beef, chickens, eggs, and more. Our bee sanctuary produces honey and other bee products. We are officially in organic transition and plan to be certified in 2014. Sign up is quick and easy and service is number one. <i>Bay View, Brookfield, Milwaukee east side, East Troy, Elkhorn, Mukwonago, Muskego, Pewaukee, Waukesha, New Berlin, South Shore Farmers' Market, Walkers Point, Wauwatosa. Private Workplace sites are also available.</i>	•	•	•	•	•	X	X	X	X	Market share, Bridge share (early & late season)
<b>Old Plank Farm</b> Stephanie Bartel 920-917-8207 sahby6@gmail.com oldplankfarm.com	We are in our sixth year as a CSA. The farm is 25 acres dedicated to sustainably grown produce, eggs and poultry. We use greenhouses and other season extension methods to provide a wide range of vegetables from mid-June through mid-November. Our chickens are raised on our pasture and fed certified organic feed. <i>Fox Point, Mequon, Pt. Washington, Shorewood, Whitefish Bay</i>	•						X	X		Single share (small produce share) Egg share
<b>Pinehold Gardens</b> David Kozlowski & Sandra Raduenz 414-762-1301 info@pineholdgardens.com pineholdgardens.com	Pinehold Gardens is a diversified 21-acre farm in Milwaukee County. Our 19 years of experience in growing produce enable us to provide members with a medium-sized share and consistent and varied selection of 45 different items throughout our 18-week season. Two greenhouses help extend the season. <i>Bay View, Cudahy, Greendale, Oak Creek on the farm, Racine, Shorewood, Walkers Point, Wauwatosa</i>	•	•			•	X				

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		Payment plan	Worker Share	Quest Card / SNAP	Credit Card/Online	Assistance Fund					
<b>Rare Earth Farm</b> Steve Young & Debra Jo Becker 262-285-7070 rareearthfarm@frontier.com rareearthfarm.com	A wide assortment of vegetables, and fruits delivered weekly from mid June until late November. Free-range eggs are offered for an additional cost. Pick-up sites located in Kenosha, Milwaukee, Ozaukee, Washington, Sheboygan, and Waukesha counties. Weekly newsletters. Farming methods: organic, but not certified. Sign-up form and detailed program information available on our website. <i>Bay View, Belgium/Cedar Grove, Fox Point, Germantown, Grafton, Kenosha, Milwaukee east side, Port Washington, Sheboygan, Shorewood, Wauwatosa, Waukesha</i>		•				X				Eggs
<b>Stems Cut Flowers</b> Emily Watson 608-206-3919 emily@stemscutflowers.com stemscutflowers.com	Stems Cut Flowers is a sustainably managed fresh-cut flower farm located in East Troy. Specializing in green weddings and a seasonal flower CSA, our bouquets reflect the beauty of each season. On one acre we grow lots of old fashioned favorites as well as specialized cut flower varieties. <i>Bay View, Shorewood, Wauwatosa</i>				•				X		
<b>Three Sisters Community Farm</b> Kelly Kiefer & Jeff Schreiber 920-533-3042 threesisterscsa@gmail.com threesisterscommunityfarm.com	We believe that when farmers and members work together to support the farm as a whole the result is happier, more satisfied members, more fairly compensated farmers, and more nutritious and tasty food. The risks and rewards of the whole farm are shared with the farmers, with the greatest benefits going to those most invested in – most committed to – the farm. <i>Home/Office Delivery: Campbellsport, West Bend, Port Washington and Greater Milwaukee area including Brookfield, Wauwatosa, West Milwaukee, Downtown, Milwaukee east side, Shorewood, Whitefish Bay, Fox Point, Marquette University (Employees Only)</i>	•	•				X		X	X	Honey, eggs Online shopping cart allows choice of share items
<b>Tipi Produce</b> Beth Kazmar and Steve Pincus 608-882-6196 csa@tipiproduce.com www.tipiproduce.com	Our produce is so tasty that you and your family will eat more vegetables than you ever imagined. Choose our CSA for our certified-organic crops, 38 years experience, weekly newsletter, vacation rescheduling and convenient locations. Visit for berry u-picks and a fall harvest party. Located 1¼ hours west of Milwaukee. <i>Brookfield, Milwaukee (Capitol Dr.), Bay View, and Wauwatosa</i>	•		•	•	•	X		X	X	Bulk quantities of tomatoes, red bell peppers & basil
<b>Turtle Creek Gardens</b> Janet Gamble 262-441-0520 farmmanager@turtlecreekgardenscsa.com turtlecreekgardenscsa.com	Turtle Creek Gardens is an organic certified operation managed and owned by Janet Gamble who has 20 years of CSA experience. We grow a wide array of vegetables and variety of berries. We have established fruit trees and other woody perennials for food harvest and beneficial insect habitat creating a living ecosystem to support a whole farm system. <i>Burlington, Dousman, East Troy, Lake Geneva, Oconomowoc, Delafield, Salem, Union Grove, Walkers Point, Wauwatosa</i>	•	•				X		X	X	Extra produce available in on-line farm store
<b>Wellspring Inc.</b> Evan Conklin, Heather Hall 262-994-1687 wellspringcsa@gmail.com wellspringinc.org	Wellspring has been a CSA since 1988, a pioneer of this movement in Wisconsin. We are a certified-organic farm—and also a nonprofit education and retreat center whose mission is to inspire and teach people to grow, prepare, and eat healthy food. In doing so, we transform food systems and build community. <i>Cedarburg, Grafton, Menomonee Falls, Milwaukee (Capitol Dr), Mequon, Newburg, Port Washington, Tosa Farmers Market, Walkers Point, Slinger, Wauwatosa, West Bend</i>	•	•	•	•	•	X		X	X	Eggs, U-pick flowers, extras/seconds available in online store
<b>Wild Ridge Farm</b> Alissa Moore, Anna Metscher, Joseph Dittman 262-353-8484 wildridgefarmcsa@gmail.com waubaveggie.com	Wild Ridge Farm is the convergence of three highly-skilled and passionate individuals. As farmers, we commit to bringing friends and families together with mindfully-grown fruits and vegetables. Farming with a reverence for soil health and sustainable land stewardship, we hope to influence local cultures of food and community. <i>Cedarburg, Fredonia, Fox Point, Mequon/Thiensville, Bay View, Milwaukee east side, Wauwatosa, West Bend, Whitefish Bay</i>	•	•			•	X		X	X	Seedling shares for gardeners Online shopping cart allows some choice in share

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<b>Willoway Farm</b> Daniel Bertram & Jacqueline Fulcomer 262-692-9691 willowayfarm@hotmail.com willowayfarm.net	Willoway are Daniel and Jacqueline with 15 years of organic farming experience. This is our 8th season offering CSA produce, flower and egg shares. We are committed to using heirloom and GMO-free seeds. In addition our farm provides produce for local chefs, South Shore Farmer's Market and floral arrangements for weddings. <i>Cedarburg, Fredonia, Grafton, Mequon, Riverwest, Shorewood, Downtown/Third Ward, South Shore Farmers Market</i>	•		•			X		X		Flower Shares, Egg Shares, Easter Egg Hunt
<b>Young Farmers CSA</b> Nick DeMarsh 414-897-1510 & 414-431-0931 groundworknd@gmail.com youngfarmersmke.wordpress.com	The Young Farmers CSA is well suited for gardeners or farmers market fans. Our weekly delivery of a half share is a great supplement to another regular source of summer produce. The program supports an education program for youth in Milwaukee providing an opportunity for self-employment and experiential based learning. <i>Milwaukee Public Market, Milwaukee east side</i>							X			Members have some choice of what they would like to have grown

## COMMUNITY SUPPORTED AGRICULTURE

In a CSA, you become a member of a local farm by purchasing a "share". In return, you receive weekly deliveries of fresh produce throughout the growing season, typically mid June to November. Along with the produce, some farms also offer meat, eggs, and other extras along with weekly newsletters, recipes, U-picks and farm festivals.

Choosing a CSA is about connecting to a farm and your food. You are encouraged to talk with the farmers to determine which farm is the best fit for you.

### Common Questions to ask CSA Farmers:

- » Where (and when) are your pick-up sites?
- » What is the length of your season/number of deliveries?
- » Describe the size, contents and cost of your share(s).
- » What's offered besides vegetables? Can I make any choices about what's in the box? Order extras?
- » Do you offer work shares? payment plans? Have an assistance fund? Do you take the Quest card? electronic payment?
- » What are your growing and production practices? For example, certified organic? sustainably grown?
- » Can I visit your farm? Do you have open houses? U-pick days? Do you have a newsletter?

### Why Join a CSA and buy directly from these local farmers?

- » Enjoy fresh, tasty and healthy food
- » Ensure fair compensation for family farmers
- » Build a stronger local economy
- » Encourage sustainable growing practices
- » Get to know the people who grow your food and the land where it's grown.

### Know Your Farmer, Know Your Food

continued on next page

## CSA PICK-UP SITE LOCATIONS

FARM	GREATER MILWAUKEE AREA																				OUTSIDE MKE AREA									
	Milwaukee					South & Southwest					North & Northwest					West					South/Southwest	North/Northwest	West							
<i>Please refer to the chart on the inside of this hand-out for more details about pick-up sites locations and other important information about each farm.</i>	Bay View/So. Shore	Downtown/3rd Ward/Walkers Pt.	East side	Riverwest/Capitol Dr.	West side	Cudahy	Franklin	Greendale	Oak Creek	South Milwaukee	Fox Point	Germentown	Hartford	Menomonee Falls	Mequon / Thiensville	Shorewood	Whitefish Bay	Brookfield	Delafield	Hartland	New Berlin	Oconomowoc	Pewaukee	Waukesha	Wauwatosa	West Allis	South/Southwest	North/Northwest	West	
Backyard Bounty			x		x					x	x					x													x	
Full Harvest Farm													x					x	x	x	x	x			x	x		x	x	
HighCross Farm	x		x				x							x	x	x	x	x	x		x			x	x		x	x		
JenEhr Family Farm																								x		x	x			x
LotFotL Cmty. Farm	x	x	x															x			x			x	x	x		x		
Old Plank Farm											x				x	x	x												x	
Pinehold Gardens	x	x			x	x		x	x							x										x		x		
Rare Earth Farm	x		x								x	x				x									x	x		x	x	
Stem Cut Flowers	x															x										x				
Three Sisters Cmty. Farm *		x	x		x						x					x	x	x								x			x	
Tipi Produce	x			x														x								x				
Turtle Creek Gardens	x	x																	x							x		x		x
Wellspring		x		x										x	x											x			x	
Wild Ridge			x								x				x		x									x			x	
Willoway Farm	x	x		x											x	x													x	
Young Farmers CSA		x	x																											

\* Home Delivery